

2003 California Children's Healthy Eating and Exercise Practices Survey

Table 67: Percentage of Children Receiving Lessons from a Teacher, Coach, or Other Instructor at School (Diary Sample)

During this school year, have you had any lessons from a teacher, coach or some other type of instructor about: food, nutrition and your health/exercise and your health?

	Percent of Children Receiving	
	Lessons on Food, Nutrition, and Health	Lessons on Exercise and Health
Total	57	68
Gender		
Males	59	71 *
Females	54	64
Ethnicity		
White	58 **	70
African American	64	68
Latino	51	65
Asian/Other	70	73
Income		
≤\$19,999	48 *	52 **
\$20,000 - \$49,999	53	68
≥\$50,000	62	72
Federal Poverty Level		
≤ 185%	47 ***	58 ***
> 185%	62	73
Food Stamps		
Yes	43	50 *
No	57	68
Overweight Status		
Not at Risk	60	69
At Risk/Overweight	52	65
Physical Activity		
≥60 minutes	56	70
<60 minutes	58	66
School Breakfast		
Yes	47 *	59 *
No	59	70
School Lunch		
Yes	58	70
No	56	65
Nutrition Lesson		
Yes	N/A	92 ***
No	N/A	35
Exercise Lesson		
Yes	78 ***	N/A
No	13	N/A

No lessons includes "no," "not sure," and "no answer."

A box around a group of numbers signifies that differences observed within the group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001